

# Earplug Fitting Instructions

HOWARD LEIGHT

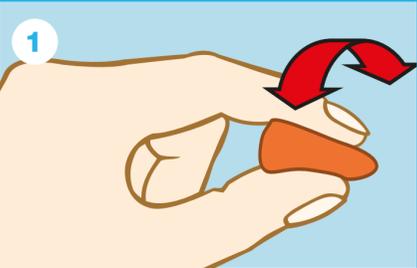
by Honeywell

1



## Single-Use

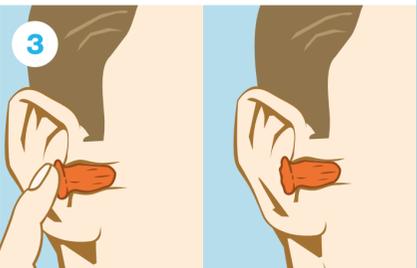
Max®



1 With clean hands, roll the entire earplug into narrowest possible crease-free cylinder.



2 Reach over your head with a free hand, pull your ear up and back, and insert the earplug well inside your ear canal.



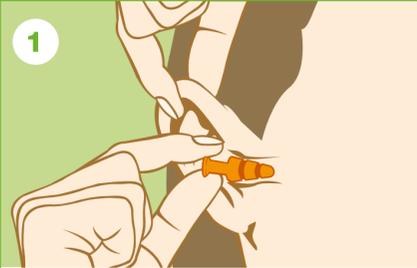
3 Hold for 30-40 seconds, until the earplug fully expands. If properly fitted, the end of the earplugs should not be visible to someone looking at you from the front.

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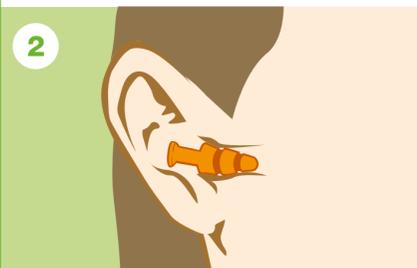


## Multiple-Use

SmartFit®



1 While holding the stem, reach a hand over your head and gently pull top of your ear up and back.



2 Insert the earplug so all flanges are well inside your ear canal.



3 If properly fitted, the tip of the earplug stem may be visible to someone looking at you from the front.

3



## Banded

QB2HYG®



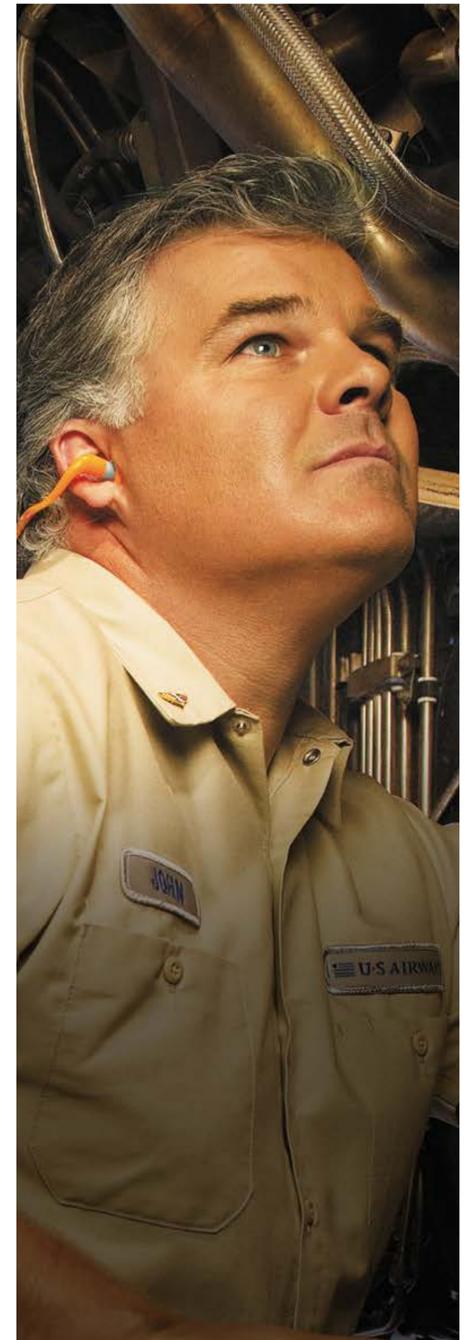
1 Position band under your chin as shown above. Use your hands to press the ear pods well into the ear canal using an inward motion.



2 Protection levels are improved by pulling your ear up and back when fitting as shown.



3 In a noisy environment, lightly press the band inward with your fingertips as shown. You should not notice a significant difference in noise level.



Get the most out of your earplugs



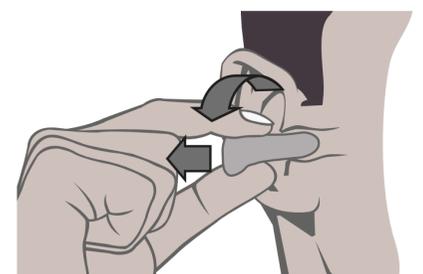
### Acoustical Check

In a noisy environment, with earplugs inserted, cup your hands over your ears and release. Earplugs should block enough noise so that covering your ears with your hands should not result in a significant noise difference.



### Proper Fit

If either or both earplugs do not seem to be fitted properly, remove the earplug and re-insert.



### Removal

Gently twist earplug while slowly pulling in an outward motion for removal.

## Keys to Successful Hearing Protection with Earplugs

### Wear

Read and follow all earplug fitting instructions.

### Selection

Avoid overprotection in minimal noise environments – in selecting the best earplug for your situation, consider noise levels and your need to communicate with co-workers or hear warning signals on the job.

### Maintenance

Inspect earplugs prior to wear for dirt, damage or hardness – discard immediately if compromised.

### Hygiene

For proper hygiene, discard Single-Use earplugs after use.

### Storage

With proper maintenance, Multiple-Use earplugs can last for 2-4 weeks; clean with mild soap/water and store in a case when not in use.

### Clean & replace

Clean and replace pods on Banded earplugs regularly.

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