

## >>> SAF-T-FIT® Plus Molded Cups

### How to Don and Fit Check Your Sperian® Filtering Facepiece Respirator

#### How to Don the Respirator

Follow these instructions each time respirator is worn.



STEP 1

Cup the respirator in the hand, allowing the head straps to hang freely.



STEPS 2

Hold the respirator under the chin with the nosepiece facing outwards.



STEP 3

Place the lower head strap around the neck below the ears.



STEP 4

Holding the respirator against the face with one hand, place the top head strap above the ears, around the crown of the head.



STEP 5

Respirators with adjustable head-straps only: adjust tension by pulling head-straps with both hands (tension may be decreased by pushing out on the back of the buckle).



STEP 6

Mold the nose area to the shape of the face, running the fingertips of both hands from the top of the nosepiece down both sides while pressing inward. Always use both hands.

#### Fit Check the Face-Seal as Follows:



FIT CHECKING

- Place both hands over the respirator without disturbing its position.
- If the respirator is not fitted with an exhalation valve, exhale sharply (a positive pressure should be felt inside the respirator).
- If the respirator is fitted with an exhalation valve, inhale sharply (a negative pressure should be felt inside the respirator).
- If you detect air-leaks, readjust the head straps and/or the nose-piece.

#### Warning

This respirator helps protect against certain contaminants. It may not eliminate the risk of contracting disease or infection. Misuse may result in sickness or death.

Materials which may come into contact with the wearer's skin could cause allergic reactions to susceptible individuals.

#### Use Limitations:

1. **DO NOT** use the respirator or enter or stay in a contaminated area under the following circumstances:
  - Atmosphere contains less than 19.5% oxygen
  - Atmosphere contains oil aerosols if using N protection class respirator
  - For protection against gases or vapors
  - Contaminants or their concentrations are unknown or immediately dangerous to life or health
  - Concentrations or contaminants exceed maximum use concentrations in applicable OSHA standards or applicable government regulations or 10 times the PEL (Permissible Exposure Limit), whichever is lower
  - For sandblasting, paint-spray operations, asbestos
2. **DO NOT** modify or misuse the respirator.
3. **DO NOT** use the respirator with beards or other facial hair that interferes with direct contact between the face and the edge of the respirator, or any other conditions that may prevent a good face-seal.
4. Some of these respirators offer relief from the irritating effects of gases/vapors at nuisance levels (i.e. levels less than the OSHA PEL). Respirators against **nuisance odors/organic vapors** are so designated by the mark "OV" on the respirator's packaging and/or on the respirator. Respirators against **nuisance acid gases** (e.g. Hydrogen fluoride, Chlorine) are so designated by the mark "AG" on the respirator's packaging and/or on the respirator. **DO NOT use if levels exceed the PEL.**