

# Miller Relief Step™ Safety Device

## Helps Prevent Suspension Trauma

The Miller Relief Step™ Safety Device alleviates the effects of orthostatic intolerance, also known as suspension trauma. If a fall occurs, a person becomes suspended in a harness and remains both vertical and sedentary for a period of time, causing blood to 'pool' in the veins of the legs. Subsequently, blood flow is restricted to the brain and other major organs that may initially result in unconsciousness. If not rescued promptly, serious injury or death may occur. The Miller Relief Step is designed to provide a short-term solution in preventing suspension trauma.

- OSHA states that potentially fatal suspension trauma can occur within minutes while waiting for rescue after a fall
- Average fall rescue time is 15 minutes
- When used, the Relief Step Safety Device provides support and enhances blood circulation until rescue – permitting the ability to move and flex leg muscles
- Small and lightweight; **the Relief Step Safety Device attaches to any brand full-body harness**
- Utilizing two (2) Relief Steps (one for each leg/foot) assures greater comfort until rescue is completed

## Easy to Deploy & Use

(Attaches to any brand full-body harness)



1 Pull tab to deploy



2 Insert foot into loop step and adjust



3 Ability to stand allowing improved circulation



4 Two Relief Steps provide added support, balance and comfort

# RELIEF STEP™ SAFETY DEVICE



SKU	Description
9099X/12	Consists of a box of 12 Relief Step Safety Devices
9099/36BULK	36 Relief Step Safety Devices in bulk quantity



# MILLER®

by Honeywell



**LIMITLESS POSSIBILITIES.** Ask the Expert.

Technical Service: 800.873.5242 • Customer Care: 800.430.5490  
[www.millerfallprotection.com](http://www.millerfallprotection.com)

**⚠** This equipment should only be used after reading and understanding the manufacturer's instructions. Failure to follow instructions could result in serious injury or fatality.

LMRSSD

**Lead them to safety.** Build an enduring Culture of Safety where employees make safe choices on their own.

[www.honeywellsafety.com/culture](http://www.honeywellsafety.com/culture)

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